CLINIC**AL EXAMINATION and ROLE PLAYS - GP REGISTRAR CHECKLIST**

**© Dr Kevin Gabriel 4th September 2024 - Peer reviewers from GPEP1 Small Group – Dr Alabri, Dr Hill, Dr Jayananthan, Dr Newman, Dr Rapsey, Dr Thomas, Dr van der Have)**

**RAPPORT BUILDING**

* **Mihimihi – Initial greeting with smile**
  + **Kia ora (if Māori or Pakeha) OR Alternative ethnic specific greeting eg. Malo e lelei (Tongan)**
* **Offer Whanau support person to be present during consultation**
* **Whakawhanaungatanga – Building connection**
  + **Briefly talk about yourself**
  + **Briefly ask where patient from especially if not New Zealand European**
* **Attentive listening**

**CLINICAL HISTORY**

* **Presenting concern(s) ‘How can we help today?’ ALWAYS ASK ‘Are there anything other concerns?’ – prioritise if >1 concern**
* **2 more open ended questions**
* **Targeted history based on presenting concern**
* **Red flags screen – eg. Fever, chest pain, short of breath, weight loss, mental health and harm, travel history**
* **Yellow flags screen (Social History) – REMEMBER AA batteries + 3x W** 
  + **ADL (activities of daily living) affected including driving + enjoyable activities/hobbies**
  + **Waking at night (sleep disturbance)**
  + **Work and financial impacts**
  + **Whanau relationships**
  + **Addictions eg. smoking, vaping, alcohol, illicit drugs**
* **Fundamentals - PMHx, Med. (Inc. OTC), Allergies, FHx, - Immunisations, Birth History, Developmental Milestones if paediatric case**
* **3x FINAL QUESTIONS – ICE – IDEAS (eg. Cause of symptoms) CONCERNS (ie. What matters most to patient) EXPECTATIONS (eg. Investigation, management)**

**PHYSICAL EXAMINATION – REMEMBER 4x C**

* + **Consent**
  + **Chaperone and/or support person**
  + **Clean (wash)hands before and after**
  + **Communicate findings to patient and examiner**

**IMPRESSION**

* **Working diagnosis and justification**

**NEGOTIATED PLAN – Patient Centred - Ask at each step if they ‘OK’ with plan**

* **Investigations**
* **Treatment options – utilise patient resources eg. Patient information sheets - Google images – YouTube videos**
  + **Lifestyle changes and/or preventative measures**
  + **Medication – discuss possible adverse effects**
  + **Referrals especially allied health providers eg. Counsellor, Green prescription, Maori providers, Quitline**
* **Medical certificate for work**
* **Follow up appointment – specifically arrange with patient**
* **Safety Net**
* **Finishing – (if have time left over) Is there anything else you would like to talk about?**
* **Opportunistic screening (if have time left over) eg. CVD risk assessment, Cervical screen., Mammogram, Influenza vaccine**

**MARKING SCHEDULE – 80% examiner 20% actor**

* Cultural competence and safety
* Rapport/Whakawhanaungatanga
* Listening
* Communication
* Professionalism
* History
* Clinical examination
* Clinical reasoning
* Clinical management
* Medical knowledge
* Time management